Health History Form for Camp Employee

Return this completed form to:
apply@bonjourny.com or bring/mail it to our office:
Bonjour NY
353 W48 Street Suite 310
New York, NY 10036

Your Contract Start Date: _____ End Date: _____
Title of Your Position: _____

International Staff: rate your ability to speak and read English:
0 1 2 3 4 5
Low ability — Good ability — Fluent in English

Name: _____
First Middle Last

☐ Male
Sex: ☐ Female Birthdate: _____

Permanent Address: _____
Street Address

_____
City State/Country Zip/Code

E-mail:
_____

Is this your first year as a staff member? . . . . . ☐ No ☐ Yes

- *Return this form to our camp office at least four weeks prior to your arrival.*
- *Notify the camp director if you are exposed to a communicable disease within three weeks of beginning your job.*
- *The camp expects that you arrive in good health and capable of performing the essential functions of your position. If you have concerns regarding this, speak with the camp director prior to arrival.*
- *Information on this form is available to Health staff and your work supervisor(s) as necessary.*
- *Completing some portions of this form is voluntary; such areas are so marked.*

Allergies: *Check those that apply to you. Completion of this section is voluntary, yet helpful to healthcare staff.*

_____ I have no known allergies.
_____ I have an allergy to this food: _____ This causes anaphylaxis? ☐ Yes ☐ No
Describe what happens if you eat this food and how the reaction is managed:
_____
_____
_____ I am allergic to this medication(s): _____ This causes anaphylaxis? ☐ Yes ☐ No
_____ I am allergic to these substances: _____ This causes anaphylaxis? ☐ Yes ☐No
Describe what happens if you are exposed to these medications or substances and how the reaction is managed:
_____
_____

Chronic Concerns: *Check all that pertain to you and provide information about supportive healthcare.*

Completion of this section is voluntary, yet helpful to healthcare staff.

_____ I have no chronic health concerns.
_____ I have the following chronic health concern(s):

☐ Asthma ☐ Headaches, Migraines ☐ Sleep problem
☐ Diabetes ☐ Difficulty breathing ☐
Dysmenorrhea
☐ Fainting ☐ Surgical history ☐ Seizure disorder: _____
☐ Back pain or injury ☐ Knee or ankle weakness ☐ Other: _____

Your supervisor expects that staff who have chronic health concerns are capable of performing the essential functions of the job for which they have been hired. If you have any concerns, please speak with your supervisor.

Immunization History:

Date (month/year) of your most recent tetanus immunization: _____

Medication: *All medication must be locked securely unless in the immediate possession/control of the user. All medication should be originally submitted to the Health Staff.*

NOTE: Health staff will ask about your medication(s) to determine if the use (or non-use) of such medication will impair completion of the essential functions of your job. They may also ask about medication when you seek healthcare. Providing additional information about your medication is voluntary.

General Physical History: *If you answer "Yes" to any of these questions, provide more information at the end of this section.*

Completing this session is voluntary, but helpful to healthcare staff.

1. Have you ever been hospitalized? . . . . . ☐ Yes ☐ No
2. Have you ever passed out during or after exercise? . . . . . ☐ Yes ☐ No
3. Have you ever been dizzy during or after exercise? . . . . . ☐ Yes ☐ No
4. Have you ever had chest pain during or after exercise? . . . . . ☐ Yes ☐ No
5. Do you tire more quickly than your friends during exercise? . . . . . ☐ Yes ☐ No
6. Have you ever had high blood pressure? . . . . . ☐ Yes ☐ No
7. Have you ever had a racing heartbeat or skipped heartbeats? . . . . . ☐ Yes ☐ No
8. Have you ever been knocked out or become unconscious? . . . . . ☐ Yes ☐ No
9. Have you ever had a seizure? . . . . . ☐ Yes ☐ No
10. Have you ever had a stinger, burner, or pinched nerve? . . . . . ☐ Yes ☐ No
11. Have you ever had heat or muscle cramps? . . . . . ☐ Yes ☐ No
12. Have you ever been dizzy or passed out in the heat? . . . . . ☐ Yes ☐ No
13. Have you ever sprained, strained, dislocated, fractured, broken or had repeated swelling, or other injuries to any of your body areas? . . . . . ☐ Yes ☐ No

    If so, where? ☐ Head ☐ Shoulder ☐ Leg ☐ Neck ☐ Chest
    ☐ Arm, hand ☐ Ankle ☐ Back ☐ Hip ☐ Foot

14. Have you been in countries other than the United States in the past nine months? . . . . . ☐ Yes ☐ No

    If yes, list the countries and the time spent in them.

    Country: _____ Dates: _____

    Country: _____ Dates: _____

    Country: _____ Dates: _____

Use the space below to explain and/or provide more detail about the General Physical Health questions to which you responded "Yes."

_____ _____

_____ _____

_____ _____

_____ _____

Name of your physician: _____ Office Phone (_____)_____

Name of your dentist/orthodontist: _____ Office Phone (_____)_____

Paying for Health Care

- If you will be using personal insurance while working at camp, know how to access that insurance. Bring your insurance card and know how to use it. Consider obtaining pre-authorization if your insurance requires this.

Emergency Contact: *Who do you want us to contact in an emergency?*

First Contact: _____ Preferred Phone: (_____)_____ Relationship to You: _____

Alternate Contact: _____ Preferred Phone: (_____)_____ Relationship to You: _____

In case of emergency, I give authority to Bonjour NY to obtain necessary emergency medical treatment for me. Yes No

Authorization for Healthcare: *Parental signature required for staff under 18 years of age.*

This health history is correct. I am capable of performing the essential functions of my job and participating in assigned work duties as noted on this form. I understand my health information will be used by the camp's Health Center staff in providing care to me and may be reviewed by my work supervisor(s).

Signature of Staff Person: _____ *Date:* _____

Signature of Parent (if needed): _____ *Date :* _____